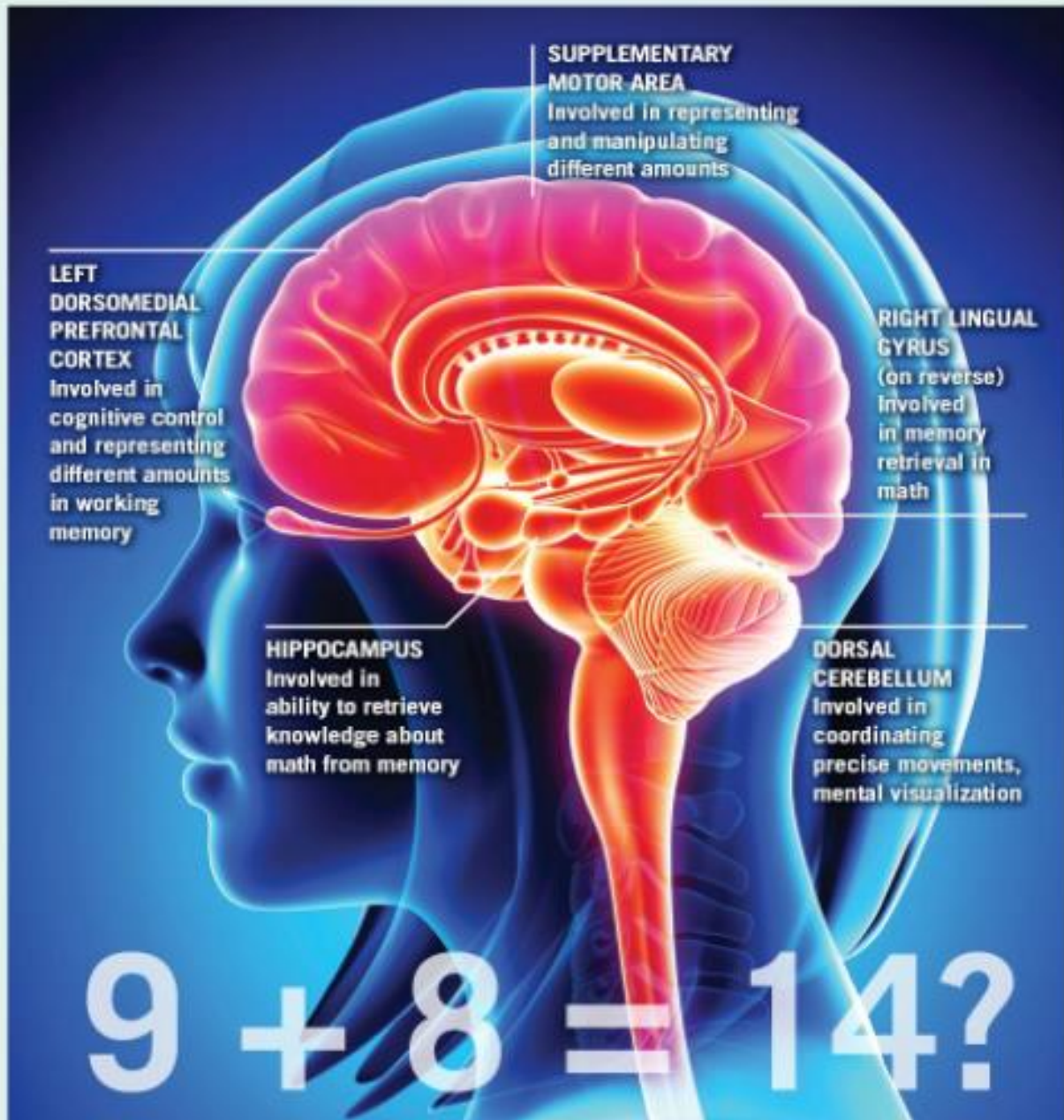


Mindset & Math Anxiety

WHERE MINDSET MAKES A DIFFERENCE

New research suggests students with a more positive “growth mindset” in math have brains that may be more primed for solving math problems. In a Stanford University study, students who scored higher on an assessment of positive mindset have more brain activity throughout several areas associated with math problem-solving, as well as more efficient connections with the hippocampus, an area associated with memory recall in math.



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